

Cooking Lentils

Ingredients

1 pound uncooked lentils
8 cups water

Method

Wash lentils under cold water in strainer. Place in a two-quart saucepan. Add water and bring to boil. Reduce heat and simmer with the lid ajar for fifteen to twenty minutes or until lentils are just tender. Remove from heat and pour into strainer to remove excess water. Yields about five cups.