

# Super Soy Shake

## Ingredients

1 cup soy milk  
1/4 (one-quarter) cup silken tofu  
2 Tablespoons unsweetened cocoa powder  
1/2 (one-half) teaspoon Stevia or 2 teaspoons vegan sugar  
1/2 (one-half) teaspoon vanilla  
2 cups crushed ice

## Method

Combine all ingredients in blender container. Process on High speed until smooth and thick. Pour into two glasses and serve immediately.