

# Mom's Pickled Beets

## Ingredients

6 whole beets, cooked and peeled  
1/3 cup cider vinegar  
1/4 (one-quarter) cup vegan brown sugar  
1/8 teaspoon sea salt  
1/2 (one-half) teaspoon ground cinnamon  
1/8 teaspoon each: ground cloves and allspice

## Method

Slice cooked and peeled beets into one-half inch rounds. Place in serving bowl. In a small saucepan, combine vinegar, brown sugar, salt and spices. Heat to boiling point and simmer five minutes. Pour over beets. Cover and chill 24 hours before serving six.